

External Lecturer – ‘Healthy Minds and Bodies: The Science of Psychoneuroimmunology’ – DIS Stockholm

Job Description

Teach undergraduate students from North American universities who are spending a semester studying in Stockholm, Sweden. The course ‘Healthy Minds and Bodies: The Science of Psychoneuroimmunology’ introduces students to the field of psychoneuroimmunology and dives into research exploring the interconnectedness of thoughts, emotions, behaviors and the immune system. The course is offered on Mondays and Thursdays from 10.05-11.25 at DIS Stockholm.

Read more about the ‘Healthy Minds and Bodies: The Science of Psychoneuroimmunology’ course [here](#).

Tasks

- Develop, prepare, and evaluate course curriculum, content, materials, and methods of instruction (course materials from previous semesters are available for reference)
- Deliver interactive lectures, lead academic visits throughout Stockholm, facilitate classroom discussions, and coordinate with guest lecturers as needed
- Evaluate and grade student work and provide feedback in a timely manner

Relevant skills and knowledge

- Master’s degree in psychology, neuroscience, or closely related field is required; PhD in psychology or neuroscience is preferred
- Work experience from your field of expertise
- Excellent academic English and capable of teaching in English
- Interest in instructing undergraduate-level students from North American institutions
- Ability to be legally employed in Sweden (this position does not come with a work visa)

Teaching Requirements

This is a part-time teaching position, so faculty are welcome to continue their full-time work while teaching. Salary is based on an AC Agreement. Faculty are expected to work 10 hr/week at DIS with the following breakdown:

- Teaching:** 80 minutes, twice a week
- Preparation and grading:** 7h a week

Start Date: The Spring semester runs January 21, 2027 - May 13, 2027. Faculty training and onboarding is planned on an individual basis.

Student Profile & Teaching at DIS

Teaching at DIS requires creativity and flexibility. Faculty prioritize bringing course material to life through interactive, experiential learning, and are communicative and engaged with their students.

Most students enrolled in Happiness Lab course study psychology at their North American university, but disciplines often expand beyond this area. Students are typically in their third year of university. Courses are all taught in English.

Pedagogical support, training, and mentorship is available at DIS through the Learning Lab and experienced faculty; faculty are encouraged to collaborate with academic support staff in various professional development opportunities.

About DIS

DIS is a non-profit study abroad foundation established in Denmark in 1959, with locations in Copenhagen and Stockholm. DIS provides semester, academic year, and summer programs taught in English, and offers high-impact learning experiences for upper-division undergraduate students from distinguished North American colleges and universities. The intellectually challenging curriculum is broad, cutting edge, and enriched by experiential learning components, including faculty-led study tours across Europe. Learn more about DIS – Study Abroad [here](#).

DIS Work Values & Styles

- Cross-cultural learning
- Independence and initiative
- Communication
- Creativity in the classroom
- Professional development and relationship-building
- Friendly work environment
- High-quality support & resources for faculty
- Collaborative co-working spaces and environment

Application Process

If you are interested in applying, submit a resume and application letter in English using the link below. Applications will be reviewed on a rolling basis. For further information, please contact the Program Director Dr. Suman Ambwani at sam@dis.dk.